



Dietitians of U.O refectory and pedagogical and organizational coordination of town of Prato ((Paola Nizzi, Rachele Frati, Clarissa Puccioni, Sabrina Venturini, Federica Fontana) in the activation of “closeness teaching”

present:

the DIETITIAN WHITE ONION

who will help and support the family in this particular moment.

In which way?

1. DAILY AVAILABILITY

The parents will have a dietitian, who can be contacted for any food issue related\ linked to the services.

WHEN?

Monday- Wednesday- Friday
from 9.00 to 11 , calling the number:
05741835171 or 05741835172 or 05741835173

Tuesday- Thursday
from 14 to 16
calling the number : **348 33 33 849**

2. PRODUCTION OF INFORMATIONAL MATERIAL about nutrition of children from 0 to 6 years.

- Videos of recipes make by chefs of community kitchens.
- Quick facts of right nutrition and healthy lifestyle.

- Entertainment videos and documents of many aspects of nutrition (for example. subdivision of the meals during the day, weekly distribution of the second course, food waste and recipes of 'Recuperation'..
- Nursery-rhymes and Plays of food and physical activity
- Distance workshops

3. VIDEO CONFERENCE WITH SMALL PARENT'S GROUP

It will be possible for the parents take part to video conference whit the dietitian "White Onion". Arguments will vary according to families' request.

IN WHICH WAY?

Conferences will take place in "virtual rooms" on Skype platform by connecting to the following link:

<https://join.skype.com/eFd0bD586UOH>

HOW TAKE PART?

To take part you have to send an email to refezione@comune.prato.it within the day **before** the meeting.

In the email you have to write:

- Name and Surname
- Your email address (where you will recive the link to join the meeting)
- Your child's preschool
- Preference for morning or afternoon

WHEN?

The first meeting will be Friday 8 may

- **First session:** from 10.00 to 11.30
- **Second session:** from 14.00 to 15.30

Let's get to know the White Onion Dietitian better with a nursery rhyme:

“ White onion dietician
He wants to get on the track:
INFORM, COOPERATE
Who healthy wants to eat with!

The whole family reunited
wants to change his lifestyle:
Eating well and with variety
I'm sure he'll be fine!”

Thank you for collaboration!